

## MANITOU BLUFFS MID MISSOURI CHAPTER



### Lewis & Clark Trail Heritage Foundation

The Lewis and Clark Trail Heritage Foundation and the Boy Scouts of America signed a Memorandum of Understanding to benefit both organizations in August 2007. The above figure is the Manitou that was on the bluffs at Rocheport as drawn by Clark in the journals, but was blasted away by the railroad.

In the January-February 2008 issue of the "Scouting" magazine there was an article about the BSA partnership with the National Lewis & Clark Trail Heritage Foundation. To quote the article "The agreement will promote programs of awareness, education and stewardship between local BSA councils and the foundation's 40 chapters throughout the country." This agreement grew from efforts of the Lone Star Chapter in Woodlands, Tex. and local Cub Scouts. Members put together a program helping the cub scouts to earn activity badges and belt loops using the history of Lewis & Clark. A den leader from their pack is quoted as saying "I learned as much as my son did, and the adults were moved by all that Scouting has in common with the Lewis & Clark expedition." Since many of our Manitou Bluffs Chapter are also scouters, we decided to do an activity to implement this partnership in our local council.

Our Manitou Bluffs Chapter of the LCTHF has developed requirements concerning the history, maintenance and stewardship of the trail for Cub Scouts, Boy Scouts and Venture Scouts to earn an embroidered patch upon completion of a specified number of requirements. Requirements include visiting local and national sites, reading books about the trail, attending chapter meetings, compiling period attire, attending period events, presenting Lewis and Clark history to schools, troops or civic organizations, performing environmental/conservation good turns, serving on Boy Scout summer camp staffs or District Camporee staffs, planning menus and preparing foods that would have been used at the time of Lewis & Clark. Since we are close to St. Charles, MO, we have included a visit to the Boat House and visits with any of the members of the Corp of Discovery as possible requirements. Since much of what we know is from the journals of Lewis & Clark, we have included a short written "journal" report as part of each requirement.

We hope that something like this will keep a continued interest in the trail by scouts and scouters thus bolstering interest in both organizations. The help of the youth in preserving the history of the trail and keeping camping grounds etc. available along the trail will be invaluable in the future.

Following are some websites on sites and information on Lewis & Clark in Missouri. You can search for Lewis and Clark and find a lot of websites. Additional websites will be added later.

[www.lewisandclarkmo.com](http://www.lewisandclarkmo.com) – This is the MO Department of Natural Resources website with lots of listings of websites and a link to the map of MO listed next.

[www.dnr.mo.gov/parks/maps/main.htm](http://www.dnr.mo.gov/parks/maps/main.htm) – this is a particularly good map site for information on things all across Missouri.

[www.lewisandclark.org](http://www.lewisandclark.org) – This is the website for the National Lewis & Clark Trail Heritage Foundation.

[www.visitjeffersoncity.com](http://www.visitjeffersoncity.com) – is the Jefferson City CVB website, click on guide to Jefferson City and scroll down for information on the trail head plaza.

For a full list of the requirements and order form for the patches please email Janise Manchester at [janisemanchester@gmail.com](mailto:janisemanchester@gmail.com). Please note the different spelling for Janise or your email goes awry.

**MANITOU BLUFFS COMMERATIVE AWARD PATCH**  
**MANITOU BLUFFS MID-MISSOURI CHAPTER**  
**LEWIS AND CLARK TRAIL HERITAGE FOUNDATION, INC.**



“The mission of the LCTHF is: As Keepers of the Story – Stewards of the Trail, the Lewis and Clark Trail Heritage Foundation, Inc. provides national leadership in maintaining the integrity of the Trail and its story through stewardship, scholarship, education, partnership and cultural inclusiveness.”

The Manitou Bluffs Mid-Missouri LCTHF Chapter undertakes this mission in the territory of Missouri on both sides of the Missouri River between Hermann on the east and Lexington on the west.

On August 6, 2007, a Memorandum of Understanding between the Boy Scouts of America and the Lewis and Clark Trail Heritage Foundation was signed. The purpose of the Memorandum of Understanding is to establish a general framework for cooperation between the Lewis and Clark Trail Heritage Foundation, Inc., and the Boy Scouts of America. Through this MOU the Foundation and BSA will collaborate on projects and programs that interpret the stories of the Lewis and Clark Expedition and provide stewardship of the Lewis and Clark National Historic Trail. A copy of this MOU is attached.

The Lewis and Clark Trail also is an auto route with distinctive road signs that follows the water route, mostly along the Missouri River, taken by the discovery expedition. In Missouri, the Katy Trail State Park also follows the route of the expedition from St. Charles westward to Boonville.

The Manitou Bluffs Mid-Missouri Chapter wants to encourage Boy Scouts to learn more about the Lewis and Clark Expedition by offering an embroidered patch. By way of an agreement with the Great Rivers Council, BSA, this patch can be earned by Cub Scouts, Boy Scouts, Varsity Scouts, Explorers and Venturers. Requirements to earn this patch follow and should be completed with certification by the scout leader. An application form is attached. We are also hoping that school children and other youth organizations will want to work on these requirements. There are some requirements specific to scouting, but others will work for all youth. The teachers and youth leaders can act as counselors and sign off that the young people have done the requirements and kept their journals.

### **Requirements**

**Requirement # 1 is required of all Scouts. All other requirements are optional, but at least two additional requirements must be completed for a total of three to earn the patch. Patch is free for doing 5 requirements.**

1. (Req'd) Visit two Lewis and Clark historic sites in Missouri, keeping a journal in which you write what site you visited, its location, the date you visited each site, the date that Lewis and Clark visited the site, what you did while there and what you learned while there. Record in your journal the condition of the site and whether or not you had to pick up trash to clean the site, as well as any other observations, such as any repairs that might be needed. Was there some significance to the site or was it just an overnight campsite?

As an alternative to requirements for those that don't live near the state of Missouri or completely away from Missouri we are proposing the following for Requirement #1:

Since our patch was made to represent the Missouri area, we would like for you to learn something about Missouri by reading a book about the expedition during their time in Missouri or about the people of the expedition and others that lived here at the time of Lewis & Clark and reporting on this reading to the Manitou Bluffs Chapter thru your journal.

2. Follow the Lewis and Clark Expedition along the Missouri River: Plan and take a twenty-mile hike, a fifty-mile bicycle trip or a fifty-mile canoe or boat trip along the Missouri River. These can be cumulative miles, i.e. do not have to be done in one trip. Be observant. Record in your journal the animals, birds, fish, reptiles, amphibians, trees, shrubs and wild flowers that you are able to identify. Also record your trip plans, dates, campfires, campsites used, section(s) of the Trail traveled, menus, and other observations you make about your trip.
3. Visit the Missouri State Capitol Building and Grounds and look for items that represent the history of Missouri as it relates to the Lewis and Clark Expedition and the Louisiana Purchase and the people involved. Record in your journal the painting(s), statues, busts and /or museum exhibits in the Capitol Building and Lohman Building that tell about the history of the Louisiana Purchase and Lewis and Clark Expedition. Note the items, the artists or sculptors, and what you thought about these observed items. Record the date(s) of your visit(s) and whom you were with on these visits. Handouts and maps are available at the Capitol. Was there a docent or guide there to explain things and answer questions? Questions and answers should be added to your journal. While in Jefferson City, did you visit any other locations, such as the headquarters of the Missouri Department of Conservation and view its murals, the Lewis and Clark Building of the Department of Natural Resources or the Archives Building of the Missouri Secretary of State and view its Centennial and Bicentennial landscapes of the Missouri River at Jefferson City.
4. Research and prepare a menu for a dinner meal which would be appropriate to the time of Lewis and Clark. This could be food that would have been served by President Thomas Jefferson or by the Chouteau Family of St. Louis on the return of Lewis and Clark. Another possibility would be a meal prepared by the explorers themselves, or something served to them by the Native Americans on the trail. Record the menu in your journal and the references used in your research. Then alone or with the help of family or members of your scout unit, prepare and serve the meal for your family, Patrol or others. Record those that attended and participated in preparing, serving and consuming the meal. Was the meal

prepared indoors or over an open fire? Be sure to tell how good tasting it was and how you think the men of the expedition would have liked it.

5. Read a book about the Lewis and Clark Expedition, also called the Voyage of Northwest Discovery, 1803 -1806. In your journal record the book title, author and report on the content and value of the book. The book can be documentary, fiction or biography.
6. Attend a meeting or a field day event of a local/regional Lewis and Clark Chapter, such as Manitou Bluffs Mid-Missouri Chapter or the Jefferson City Lewis and Clark Task Force. Record in your journal a report on the activities of the chapter meeting, the program presented and/or work accomplished at the meeting or field day.
7. Visit the St. Charles Lewis and Clark Center at the Boathouse on the Missouri River, including viewing the replica boats stored there and the Museum and gift shop in the building. Take the tour; learn about the history of the expedition and of the bicentennial observance of the Discovery Expedition of St. Charles and record in your journal a report on your visit including date and anyone visiting with you.
8. Compile early-1800 period attire suitable to portray a participant in the Voyage of Discovery of Lewis and Clark. Remember only Lewis and Clark were officers, but your attire could also be for a regular army soldier, a new recruit, an engage' of the expedition or an American Indian encountered along the route. Using the clothing and accoutrements of that participant, make a presentation to some group, a scout troop, a LCTHF chapter, or a local historical society for example, telling how your attire is appropriate for the period and the role you play. Hint: It is best to have this written out in advance and practice making the presentation before your family for example. Record in your journal the research you did, with sources of information, how you acquired the components of your attire, if you made some and if you had help. Include a brief report on your visit to the group, how it was arranged, how it was received, and how you felt about playing the role.
9. Make a presentation about the Lewis and Clark Expedition or some portion thereof to a school class, your troop, or another troop, a civic organization or church group stressing the significance of the expedition. Record in your journal the research you did what sources of information your used and include a brief report on your presentation, how it was arranged, how it was received and what you learned by giving the presentation.
10. Join a chapter of the LCTHF and participate in its events. Help with the preservation of the story of the Voyage of Discovery. For example you could participate in maintenance of trail signage, maintenance of a chapter library, write a report on the accomplishments of a chapter financial grant or help prepare an edition of a chapter newsletter. Record in your journal what chapter you joined, and include a report of what you did as a participating member over the time period of your membership in the chapter.
11. Perform an environmental/conservation Good Turn, or an Eagle Scout Project, or Scout service hours on some aspect of the Lewis and Clark Trail in Missouri such as cleaning up a segment of the trail, acceptable to the local/regional chapter, the Scout Council, or your

- Scoutmaster as appropriate. Record in your journal what your Good Turn or project was, how many, if any, helpers you had, the dates, segment of the trail, etc. and your role in the activity.
12. Serve as a member of a BSA Council summer camp staff. Record in your journal a report on your participation in running the summer camp session. Tell the name of the camp, your position, dates and number of boys in your sessions and mention whether or not there was any connection between your service and the Lewis and Clark Trail.
  13. Serve as a staff member on the planning and carrying out of a BSA District Camporee with an 1800's historical theme and record in your journal a report on your participation, the Camporee, dates, theme, your position and what you did. Also record whether or not there was any connection between your service and the Lewis and Clark Trail or how the skills you learned or used related to the skills learned and used by the members of the Lewis and Clark Expedition who encamped in all seasons of the year.
  14. Visit a commemorative site other than the one(s) visited for the first requirement, having some connection with the Voyage of Discovery, Lewis, Clark, or some other member of the expedition. Some examples would be the William Clark grave in Bellefontaine Cemetery, North St. Louis County, MO; Grinder's Stand on the Natchez Trace in northern Mississippi; statues in St. Charles's Frontier Park; statues in Kansas City or St. Louis; The Red House Trading Post replica in Cape Girardeau; the Drouillard Creek Trail in Fort Massac State Park in southern Illinois; the Sgt. Floyd gravesite in Iowa; Monticello in Virginia; the original grave marker of Thomas Jefferson and the statue depicting President Jefferson on the campus of the University of Missouri, Columbia. Record in your journal what you learned at the site, the date visited and with whom you visited and any other research you did about the site.

Your journal will become a valuable keepsake of your experiences in regard to the Lewis and Clark Trail. In addition to a journal, you may wish to keep a scrapbook or notebook of materials, informational leaflets, notes and other materials you acquire as reference material for further public presentations. Be willing to share what you have learned with others during the third century of the legacy of Lewis and Clark. Who knows? You might be alive for the 250<sup>th</sup> anniversary of the expedition in the years 2053 -2056 and the opening of the Time Capsule in Jefferson City at the Trail Head Plaza!

Many of these requirements will fulfill requirements of many merit badges, trail patches, service hours, etc. Be sure to check the merit badge requirement book to see what else you have fulfilled by doing the work for this patch.

The application form for the Manitou Bluffs Mid-Missouri Chapter embroidered patch is part of this package of information. Please keep a copy of your approved application form you send to the Chapter when ordering the patch.

**MANITOU BLUFFS AWARD RECOGNITION PROGRAM**

**Manitou Bluffs Mid-Missouri Chapter**

**Lewis & Clark Trail Heritage Foundation, Inc.**

The following Cub Scout/Boy Scout/Varsity Scout/Venture Scout/Explorer has completed the following list of requirements and thus earned the Manitou Bluffs Recognition Patch.

Name \_\_\_\_\_

Unit Number - Pack \_\_\_\_/Troop \_\_\_\_ / Crew \_\_\_\_ /Post \_\_\_\_

Scout's Rank \_\_\_\_\_

Scout's Address \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Please indicate which Requirements were completed and date completed.

Number 1 – Required for all participants. Date \_\_\_\_\_

Number \_\_\_\_ Date \_\_\_\_\_

Number \_\_\_\_ Date \_\_\_\_\_

Number \_\_\_\_ Date \_\_\_\_\_

Number \_\_\_\_ Date \_\_\_\_\_

Certified by: Scout Leader: Name \_\_\_\_\_

Title \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Please attach copies of Scout's Journal for each requirement (can send by email as copies will not be returned with the patch).

Cost of Patch: \$2.00 per patch ordered. Make checks payable to Manitou Bluffs Chapter, LCTHF. This covers the cost of the patch and shipping. Patch is free if the scout does 2 more of the requirements for a total of 5.

Send money and/or form to: Janise Manchester or Stephen Meyer

821 Crestmere

119 West Circle Drive

Jefferson City, MO 65109

Jefferson City, MO 65109

Questions: email

janisemanchester@gmail.com

[msjmeyer@aol.com](mailto:msjmeyer@aol.com)